

The Power of Adult Education

The adult population over 60 and above is unfamiliar with the changes in modern technology. The path to learning a new technology is from a teacher. The only way to do this is through a Community College. Many community colleges in NSW are offering various adult courses.

I have done a few short courses at Macquarie Community College, Carlingford and Chatswood.

I did a few Tech Savvy Seniors courses at Macquarie Community College, Carlingford. I learned firsthand about blogging in this class and was fascinated by it. My blog was about food and travel. Before the COVID pandemic, I was an active blogger, posting articles on food and my local and international travel. After COVID, with travel restrictions, I haven't ventured out as much as I wanted. I feel elated when I go through my posts. It is a diary of memorable events over the past few years.

The Introduction to Social Media course at Carlingford showed me the platforms for creating and using Facebook, Skype, Twitter, YouTube, etc. I have become well-versed and confident in using Facebook and Skype.

I attended a short story writing course at Macquarie Community College, Chatswood. The short story writing course enabled me to embark on a journey in writing. I wrote some short stories and circulated them to my family members. They liked them and encouraged me to write more. I want to invest more time in short courses on creative writing.

I wouldn't have done this without the guidance I received at Macquarie Community College. Many Savvy Courses are free and other courses are offered at a reasonable price.

Education is a powerful force that will make an ordinary person a supreme individual if he/she learns throughout his/her life. An individual who develops the habit of disciplining his mind to learn regularly regardless of age will reach unimaginable heights.

A wise man once said that Education is the most powerful weapon we can use to change the world. Technology is changing quickly and we must learn new technologies to keep up with changes.

People are living longer and retiring at the same age that people retired a century ago. A person who retires at 60 must plan for another 20 to 30 years of his life. A proverb says, "An idle mind is a devil's workshop."

Adult education will keep a person occupied. You are inclined to learn more when you learn something new and exciting,

Thomas Troward said, "My mind is the centre of divine operation, and the divine operation is always for expansion and fuller expression."

Expansion and growth are the natural process applicable to all living beings. A seed planted will grow into a majestic tree. If a branch is cut, it will regrow with a new branch. If there's no growth, it will wither, disintegrate and die. Humans may not grow physically after a certain age, but mental growth is possible until the last breath. We can expand and grow through Adult education.